



**Mind Craft Academy** provides nourishing and nurturing for minds to realize one's self potential.

We firmly believe that a small act of kindness will change the world around you.

As we know the nurses save and improve lives as front line members of the health care delivery system.

The stepwise modules are :

- ▶ A healthy mind platter
- ▶ Communication Skills
- ▶ Time management
- ▶ Patient stress management
- ▶ Behavioural therapy
- ▶ Occupational therapy
- ▶ Work life balance

So one of the most important roles of the nurse is to be a patient advocate and moreover she should be capable of monitoring & assessing the proceedings of every patient entrusted to her. Here comes the need of effective communication skills, stress management and patient relationships.

We provide assistance so as to empower the nurses to achieve the best of their personal success as well as career upliftment.



**MIND CRAFT ACADEMY**

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