



We at **Mind Craft Academy** manifest compassion, mutual trust and humour in our interaction by providing a healthy and sustainable environment. We are here to encourage, inspire and affirm the couple in their areas of strength so as to dismantle the fears about marriage.

Couples are encouraged to create positive marriage resolutions such as creating companionship, learning conflict resolution skills, growing in a marriage, capacity for intimacy, managing finances etc.



We offer step by step modules for:

Nearly Weds

- ▶ Pre-marital coaching
- ▶ Relationship management - L1
- ▶ Couple stress management - L1
- ▶ Communication skills - L1
- ▶ Finance management

Newly Weds

- ▶ Post-marital coaching
- ▶ Relationship management - L2
- ▶ Couple stress management - L2
- ▶ Communication skills - L2

MIND CRAFT ACADEMY

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